COOPERSMITH SELF-ESTEEM INVENTORY

Reference:


Description of Measure:

A 50-item measure of attitudes toward oneself. The inventory was originally designed to measure children’s self-esteem. However, it was modified by Ryden (1978) for use on adults. For each item, participants answer whether the statement provided is ‘like me’ or ‘not like me’.

Abstracts of Selected Related Articles:


A version of S. Coopersmith's (1967) Self-Esteem Inventory, modified for use with adults, was found to have a test-retest reliability of approximately .80 for 32 adult women over periods of 6-58 wks. Correlation of the scores with the Marlowe-Crowne Social Desirability Scale for 51 college students was .47. Use of the Lie scale on the Self-Esteem scale to identify Ss whose self-reports were markedly influenced by a social desirability factor reduced this correlation to .32.


Assesses the construct validity of the Coopersmith Self-Esteem Inventory using a variation of Thurstone's Orthogonal Rotation technique. Also attempted to obtain data on the sources of self-esteem which contribute to global self-esteem. It was hoped that data would reflect the comparative importance of the home, peers, and the school to the global self-esteem of pre-adolescents and adolescents.


A survey was administered to 153 sixth through twelfth graders. It included items on videogame play plus self-esteem and aggression scales. Teachers also rated the children on self-esteem and aggression. Amount of videogame play correlated with aggression and not with self-esteem. About 4796 of the sample said some videogames might foster anger or aggression. Among other results was evidence that boys play videogames more than girls and are more aggressive than girls. Self-esteem and aggression were positively correlated on teacher ratings but negatively on self-ratings.
Sample Questions

Directions: Below, you will find a list of statements about feelings. If a statement describes how you usually feel, put an X in the column “Like Me.” If the statement does not describe how you usually feel, put an X in the column “Unlike Me.” There are no right or wrong answers.

<table>
<thead>
<tr>
<th></th>
<th>Like Me</th>
<th>Unlike Me</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Things usually don’t bother me.</td>
<td></td>
<td></td>
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<tr>
<td>2. I find it very hard to talk in front of a group.</td>
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For more information about the Coopersmith Self-Esteem Inventory, including purchasing and licensing information, visit Mindgarden.com.